

Koinonia School of Sports
P.O. Box 321, Thompson, CT 06277
860-928-6420 / www.koinoniafitness.com

Summer Karate & Gymnastics Classes
SCHOLARSHIPS AVAILABLE CT RESIDENTS

GYMNASTICS

(Classes tentatively start the week of July 16th)



BABY BEARS (Ages 18 mos.-3 years)
6 Week Session - \$78.00
Friday 9:45-10:25a.m.

Parent participation required. Age appropriate activities will be incorporated with the use of bars, beam, rings, tumbling, songs & creative movement.

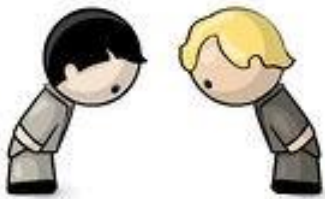


BOUNCIN' BEARS (Ages 3 ½ -6)
6 Week Session - \$78.00
Friday 10:30-11:15 a.m.

Children will be exposed to various gymnastics equipment as they progress at their own developmental levels. Age appropriate activities will be incorporated with the use of bars, beam, vaulting and tumbling.



TUMBLIN' BEARS (Ages 7-10)
6 Week Session - \$85.00
Friday 11:30 a.m.-12:30 p.m.
Tumbling, vaulting and low beam.



INTRO TO KARATE
Tang Soo Do

Master Gary Guay - 6th Degree Blackbelt
Tuesdays 5:30-6:00 p.m. July & August \$50
Join Anytime! No uniform necessary. Pre-registration required.

